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PSYCHIATRY

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PATIENT EDUCATION

Solriamfetol

Sunosi / Oral tablets

A guide for adults taking solriamfetol.
Follow the directions on your prescription and your provider's recommendations.

DAYTIME SLEEPINESS • ADULTS | TABLETS: 75, 150 MG • SCHEDULE IV

Formulations: Tablets are taken once on awakening. Kidney function determines dose limits; end-stage kidney disease makes treatment unsuitable.

What it is used for

Solriamfetol improves wakefulness in adults with excessive daytime sleepiness from narcolepsy or obstructive sleep apnea. It does not treat airway obstruction; continue CPAP or other prescribed apnea treatment.

How it works

It inhibits dopamine and norepinephrine reuptake, promoting wakefulness. The same signaling can increase pulse, blood pressure, or anxiety.

What to expect over time

Wakefulness can improve after a dose. Review daily functioning and residual sleepiness over follow-up visits; increased alertness alone does not guarantee driving safety.

Taking your medication

- Take when you wake, with or without food, at least nine hours before planned bedtime.
- Follow any instruction to split only the scored tablet.
- Do not double a missed dose or take a late dose near bedtime.
- Continue treatment for sleep apnea and allow adequate sleep.

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SOLRIAMFETOL / 02

Side effects and safety

Possible side effects

- Headache, nausea, or dry mouth
- Reduced appetite
- Anxiety, irritability, or insomnia
- Increased pulse or blood pressure

Keeping track of treatment

Some side effects resolve with time; others may require a change of medication. Discuss persistent or bothersome side effects with your provider.

Control high blood pressure before starting and monitor it with pulse during treatment. Track appetite, weight, sleep, and mood. Misuse potential warrants secure storage.

If you take too much

For a suspected overdose, call Poison Control at **1-800-222-1222** immediately, even if you feel well. Call 911 for a seizure, collapse, trouble breathing, or inability to wake.

Before you start

Discuss heart disease, stroke, high blood pressure, kidney disease, bipolar disorder, psychosis, and substance use.

Discuss pregnancy, pregnancy plans, and breastfeeding with your provider. Treatment decisions should consider both the medication and the condition being treated.

Medicines and interactions

Review all your medications with your provider, including over-the-counter medicines and supplements. Have new medications checked before taking them.

Do not take with an MAOI or within 14 days after stopping one.

Other stimulants, decongestants, high caffeine intake, and dopamine-active medicines can add cardiovascular or psychiatric effects.

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Living with your treatment

When to get help

Emergency symptoms. Get emergency care for chest pain, stroke symptoms, collapse, severe allergy, or a seizure.

Prompt medical advice. Report hallucinations, mania, severe anxiety, or persistent palpitations promptly.

If you feel unsafe or have thoughts of self-harm, call 911 or go to an emergency department.

Your questions answered

Can I stop CPAP once I feel better?
No. Solriamfetol does not correct obstructive sleep apnea.

Can I add an afternoon dose?
No. Review insufficient coverage or sleepiness with your provider.

Everyday tips

Keep a steady sleep opportunity and symptom record.

Do not drive when sleepy or impaired.

Storage and safety

Keep medication in its labeled container, away from excess heat and moisture and out of reach of children and pets. Do not share it. Ask a pharmacy about disposal of unused medication.

Sources

Official prescribing information: solriamfetol

MedlinePlus: solriamfetol

Educational handout; does not replace your prescription or provider's recommendations.