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PSYCHIATRY

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PATIENT EDUCATION

Reboxetine

Edronax / International oral formulation

A guide for adults taking reboxetine.
Follow the directions on your prescription and your provider's recommendations.

USUALLY TAKEN TWICE DAILY | EDRONAX: SCORED 4 MG TABLETS

Formulations: Oral tablets are generally taken twice daily, with or without food. The local label determines whether tablets can be divided.

What it is used for

Reboxetine treats depression in countries where it is approved. It is not an approved U.S. antidepressant. This guide follows the UK formulation.

How it works

It selectively inhibits norepinephrine reuptake. That can influence mood and alertness while also affecting pulse, blood pressure, sleep, and urination.

What to expect over time

Sleep, energy, or appetite may change before mood improves. Benefit usually builds over several weeks; some conditions need a longer trial at a useful dose.

Track the symptoms you are treating and how you manage daily activities. Keep follow-up appointments. Schedule an earlier appointment if your mood gets worse.

Taking your medication

- Take at consistent times. Discuss an earlier second dose if sleep is disrupted.
- If you miss a dose, take it when you remember unless it is almost time for the next dose. Then skip it. Do not double a dose.
- Do not increase the dose for a difficult day.
- Consult with your provider before stopping.

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Side effects and safety

Possible side effects

- Insomnia, sweating, or dry mouth
- Constipation or nausea
- Dizziness or faster pulse
- Urinary or sexual difficulties

Keeping track of treatment

Some side effects resolve with time; others may require a change of medication. Discuss persistent or bothersome side effects with your provider.

Antidepressants can increase suicidal thoughts in people under 25. Watch for changes in mood or behavior at any age, especially when starting treatment or changing a dose.

Tell your provider about emotional numbness, unusual agitation, or a reduced need for sleep with increased energy. These changes may call for a treatment adjustment.

Have pulse and blood pressure reviewed. Report difficulty urinating, significant constipation, or persistent palpitations.

If you take too much

For a suspected overdose, call Poison Control at **1-800-222-1222** immediately, even if you feel well. Call 911 for a seizure, collapse, trouble breathing, or inability to wake.

Before you start

Discuss any history of mania or bipolar disorder, seizures, heart disease, glaucoma, and kidney or liver problems.

Discuss pregnancy, pregnancy plans, and breastfeeding with your provider. Treatment decisions should consider both the medication and the condition being treated.

Discuss prostate enlargement, urinary retention, glaucoma, and heart disease. Older adults and people with kidney or liver impairment need particular prescribing review.

Medicines and interactions

Review all your medications with your provider, including over-the-counter medicines and supplements. Have new medications checked before taking them.

Avoid incompatible CYP3A4 inhibitors, including certain azole antifungals, macrolide antibiotics, and fluvoxamine. Inducers can lower exposure.

Do not combine with MAOIs. Other serotonergic medicines and blood-pressure drugs need review; switching requires a specific plan.

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REBOXETINE / 03

Living with your treatment

When to get help

Emergency symptoms. Get emergency care for a seizure, severe allergic reaction, or sudden eye pain with vision changes. Fever with agitation, diarrhea, and stiff or twitching muscles may be serotonin syndrome and needs urgent assessment.

Prompt medical advice. Contact your provider right away for marked agitation, new hallucinations, or unusually high energy with very little need for sleep.

If you feel unsafe or have thoughts of self-harm, call 911 or go to an emergency department.

Your questions answered

Can I stop when I feel better?
Consult with your provider. Continuing treatment after improvement can reduce the chance that symptoms return. Most antidepressants should be reduced gradually to limit withdrawal symptoms.

What if I have sexual side effects?
Changes in desire, arousal, or orgasm are worth discussing. Your provider can review the dose or treatment options; do not stop or skip doses on your own.

Everyday tips

A regular dose time and refill reminder can help prevent missed doses.

Bring a few specific observations to appointments: sleep, motivation, anxiety, and activities that have become easier or harder.

Storage and safety

Keep medication in its labeled container, away from excess heat and moisture and out of reach of children and pets. Do not share it. Ask a pharmacy about disposal of unused medication.

Sources

Official prescribing information: reboxetine
Official prescribing information: reboxetine

Educational handout; does not replace your prescription or provider's recommendations.